

Grade Levels:	G3-5
Objective	Students will describe positive ways to communicate that show care, consideration, concern and empathy for others.
Essential Questions	What is compassion? How do you feel when people treat you kindly/unkindly?
Key Vocabulary	<ul style="list-style-type: none"> <li>● COMPASSION: Being aware when others are sick, sad, or hurt and wanting to help.</li> <li>● MERCY: Choosing to do good instead of bad to someone else.</li> <li>● ASHAMED: Feeling shame or guilt for something you have done.</li> <li>● CONSIDERATE: Thinking about the needs and feelings of others and acting kindly.</li> <li>● SELFISH: Actions and thoughts that only serve your own needs.</li> <li>● PATIENCE: Being able to do something or wait for something for a long time without getting upset or annoyed.</li> </ul>
Activities	<ol style="list-style-type: none"> <li>1. Think, Pair, Share- (5 min) <ol style="list-style-type: none"> <li>a. Break into pairs (Team Shake) and discuss a time that you were considerate, kind, or showed compassion.</li> </ol> </li> <li>2. Mufaro’s Beautiful Daughters- (20 min) <ol style="list-style-type: none"> <li>a. <a href="https://www.youtube.com/watch?v=dP9cQkS8p2Q">https://www.youtube.com/watch?v=dP9cQkS8p2Q</a></li> <li>b. We will read the story out loud as a class, stopping as needed to define words and check for understanding.</li> </ol> </li> <li>3. Discussion- (10 min) <ol style="list-style-type: none"> <li>a. What was your favorite part of the story? Why?</li> <li>b. How does Manyara act toward Nyasha? (Possible answers: She is very unkind, she teases her sister, and tells her that kindness is a weakness.)</li> <li>c. As Manyara goes to see the king, what does she say to the boy? The old woman? The trees? (Possible answers: She tells the boy and old woman to get out of her way and laughs at the trees.)</li> <li>d. How does Nyasha show kindness to the boy? The woman? The trees? (Answers: She gives them food and tells them she is sorry they are hungry. The tree branches seem to bow down as Nyasha passes.)</li> <li>e. John Steptoe, the author, gives us a clue about which sister acts kindly and which does not. Any idea what the clue is? Wait for students to respond. Then say: He uses the names! In the Shona language (a language from Zimbabwe in Africa), Mufaro means ‘happy man,’ Nyasha means ‘mercy,’ and Manyara means</li> </ol> </li> </ol>

	<p>‘ashamed.’ Can anyone tell me what mercy means? (Possible answer: To show compassion or kindness to someone who deserves to be treated harshly or has committed an offense.) Do you think Nyasha showed mercy? Why or why not? What does it mean to be ashamed? Do you think Manyara felt ashamed at the end? (Possible answer: To feel shame or guilt.) Do you think those are good words to describe the sisters?</p> <p>f. How do you feel when people treat you kindly? How do you feel when people treat you unkindly?</p> <p>4. Review- (5 min)</p> <ol style="list-style-type: none"> <li>a. What was the story trying to teach us?</li> <li>b. What are some ways that the characters in the story show kindness?</li> <li>c. What if a person does not want us to help them? How can we show respect to them?</li> </ol> <p>5. Mindful Minute- (5 min)</p> <ol style="list-style-type: none"> <li>a. Sit comfortably and close your eyes. Now, think about the happiest day of your life. Try to remember the smells, what you saw, how you felt, etc. Try to remember as many details about that day as you can.</li> <li>b. Share (Voluntary)</li> </ol> <p>6. Remind students about the RAK challenge.</p> <ol style="list-style-type: none"> <li>a. Winning grade level will be announced in December.</li> </ol>
Enduring Understandings	<p>How to show compassion to others.          What it means to have empathy.          Why is empathy an important component of kindness.</p>
Reflections	